

The Valley Baptist Church Food Pantry is reaching more and more of our church family and community! However, the items listed below are things that we can't always get from the food bank. That's where you can help! If you're able to purchase a few extra items when you're doing your grocery shopping, we can put them to good use!

Donations can be dropped off at the church office during the week.

Please do not donate items that are expired or require refrigeration. Thank you for helping us share God's love by meeting basic food needs for the people around us!

BREAKFAST ITEMS

- Pancake Mix: 16-20 oz boxes/bags
- Syrup: 24 oz bottles
- Cereal: standard box/bag (no single serving boxes)
- Oatmeal: boxes of individual packets or 18 oz container

CANNED GOODS

• Soups: 10-18 oz cans

Tomato Sauce: 15 oz cans

· Veggies: 14-15 oz cans

• Fruits: 14-15 oz cans

· Beans: 14-15 oz cans

• Tuna: 5-12 oz cans

· Chicken: 5-12 oz cans

PANTRY STAPLE ITEMS

Pasta: 1 lb packages

Pasta Sauce: 15 oz jars

• Peanut Butter: 18-40 oz jars

• Jelly: 18-32 oz jars

Macaroni & Cheese: 7 oz boxes

· Granola Bars: any size box

Rice: 1-2 lb packages

Beans (dried): 1-2 lb packages

 Instant Mashed Potatoes: 4 oz packets or 13-15 oz boxes

Flavored Rice: 4-8 oz packets/boxes

• Crackers: 11-15 oz boxes (larger boxes okay if they come in sleeves; i.e. saltines, Ritz, etc.)

• Shelf-Stable Milk: 1 qt containers (Almond, Soy, or Regular)

· Ketchup: 20-24 oz bottles

· Mustard: 8-15 oz bottles

Mayonnaise: 20 oz containers

Sugar: 4 lb bags or 1 lb boxes

Salt: 26 oz packages